



TRAILS N' TALES

A HAPPY WANDERERS PUBLICATION

DECEMBER 2010

INSIDE THIS ISSUE:

NEW MEMBERS
BIRTHDAYS
GET WELL & SYMPATHIES
MILESTONES & NEWS
UPCOMING EVENTS
CALENDAR OF EVENTS
WALK DIRECTIONS



MUSINGS FROM MARVIN:

HAVE A HOLLY, JOLLY CHRISTMAS; RUDOLPH THE RED NOSED REINDEER; FROSTY THE SNOWMAN; SILENT NIGHT; I SAW MOMMY KISSIN' SANTA CLAUS; GRANMA GOT RUN OVER BY A REINDEER;

AND A MERRY CHRISTMAS AND HAPPY NEW YEAR TO ALL!!

I hope to see you all at the festive and fun-filled Happy Wanderers Christmas Party on Saturday, Dec 18th at the Falls Community Clubhouse. If you are not there, you will certainly miss a wonderful occasion. Please do not forget to call or email me to make your reservations. I must have your name on the guest list or you will not be allowed through the gate into the Falls Community. And do not

forget to call Sandy to tell her what you will be bringing as your "pot-luck dish". While you are at the party, look around at the gorgeous decorations. Find Sandy and members of her committee who decorated the hall and give them a big "Thank You!" I want to thank everyone in advance for your generous contributions to our "Adopted Families Christmas Fund". Without your unselfish help there would be two beautiful families who would not have such a Merry Christmas.

Don't forget to join us on Friday, Dec 31st for our traditional New Year's Eve walk. We will be at the beautiful new Pavilion at Port Orange for a terrific new route laid out by Karen Duhlstine and afterwards, join us at Sandy & Tom Dennis' home in Sabal Creek for an exciting evening of fun and games to help ring in the New Year.

This is also my chance to say a huge **"THANK YOU!"** to every single Happy Wanderer who has worked so hard to make our Club one of the most successful walking clubs in the entire United States. I am not going to mention names because, sure as goodness, I would miss someone and feel very guilty. However, I would like to express special thanks to the Club Officers and Committee Chairs and POCs who have done an absolutely fabulous job. They (and all the rest) have made 2010 a marvelous year for the Happy Wanderers. We have an ambitious 2011 planned and I know that all who join us for the fun, fitness and friendship (food, too!) throughout next year, will store scads of memories in your personal chips. I would also like to plead with some of you to step forward for a few of our "Job Vacancies"- - we sincerely need you to give VP Bill a call if you can squeeze in being an Event Coordinator for one of our 2010 Scheduled Events. We have such wonderful new events coming up and I'm sure that some of you will want to add your able assistance in making these events even more fantastic. Deltona, Palatka, WAF XXII, HW 20th Birthday Celebration, GNFTS series, maybe a couple of trips to places currently unknown.

Lastly, a great big thank you to Adrienne Harris who stepped up to the plate to take over the very difficult task of Editor/Publisher of the "Trails and Tales". After reading this issue, please thank her for her efforts the next time you see her.

Welcome New Members

Eileen Elkin from Ormond Beach

Adrienne Harris from Ormond Beach

Terry Kennedy from Edgewater



Happy Birthday!

December:

- 4 - Barbara Anderson,
- 6 - Dee Giamichael,
- 7 - Marianne Gray,
- 9 - David Golden,
- 14 - Pat Arnett,
- 16 - Carol Johnson,
- 17 - Raimee Campbell,
Tammy Hodgkins,
- 22 - Mary A. Leigh,
- 24 - Elaine Brayton

January:

- 5 - Gayellen Wagner,
- 9 - Verla Koonts,
- 11 - Barbara Bowers,
- 20 - Linda Ellis,
- 25 - Marilyn Archey,
- 27 - Allan Stollbert

Get well wishes to:

Irene Methot and Violet Samano, who would like people to call and/or stop in to see her, Violet has always been one our faster walkers and a ballroom dancer.

*Our sympathies to: Dan Spink on the loss of his mother,
Verla Koontz on the loss of her sister.*

Milestones

<u>NAME</u>	<u>EVENTS</u>	<u>DISTANCE</u>
KAREN DUHLSTINE	550	7,500
MARIANNE GRAY	75	
LOIS SHANNON		9,000
MARVIN STOKES	2,500	

We're in the news!

Friday, November 19, 2010

Take a walk!



Randy Barber/staff photographer

Port Orange residents Frank Archey (left) and Dave Wasko lead a group of walkers along Sauls Road in South Daytona during a 5K walk recently. The group is a part of the Happy Wanderers walking club that meets several times a month throughout Volusia County for various walking activities. www.happywanderersfl.org



Holiday Christmas Party & Potluck

- **Saturday, December 18th 2010.....6:30 PM**

- The Falls Clubhouse, One Falls Way, Ormond Beach, FL
- RSVP by Dec 1 to Marvin Stokes 386.788.4026 or marvst717@cfl.rr.com
- Type of dish is based on initial of your last name. Contact Sandy 760-8434 or Sabalcreek@att.net for details and to let her know what you are bringing.
- Directions: take exit 268 for FL-40 to Ormond Beach. Turn right at FL-40/W Granada Blvd. Turn right at Clyde Morris Blvd. Turn left at Falls Way Dr. Stop at Guard Shack. Destination will be on the left , just past stop sign.



5&10K New Years Eve Walk Sanction Event #SE10/88583

- **Friday, December 31, 2010**

- The Pavilion @ Port Orange, Gazebo by Maibu Beach Grill, 5501 S. Williamson Blvd., Port Orange, FL
- Registration: Between 1:30 -2pm, Walk start time 2 pm
- Trail Description Rated 1+
- All walkers pay \$3 Children 12 and under free, unless for IVV credit
- Directions: From I-95 take Exit 256 toward Port Orange, Turn Right at SR421 East/Taylor Rd; Turn Right on S. Williamson Blvd. Port Orange Pavilion is on right. Start/Finish is at the gazebo by Malibu Beach Grill.
- For information contact: Marvin Stokes 386-788-4026 or Bill Ellis 386-676-9863



Brand New! 5/10K Deltona Enterprise Walk Sanction#: SE11/89435

- **Saturday, January 22,2011** Start: 9 - 11 am, Finish by 2pm
- Green Springs Park, 994 Lakeshore Dr. Deltona, FL 32725
- Trail Description: Rated 1
- All walkers pay \$3. Children 12 and under free unless walking for credit.
- Directions: From I-4 take exit 108 toward Deltona. Go 1.1 mile on Debary Ave. Turn right on main Street and follow Main St. to end. Turn left and continue 1 mile on Lakeshore Dr. To parking lot at Deltona Community Center on the left. Walk from parking lot to street, turn left about 100 ft and turn left to pavilion in Green Spring park
- For more info. contact Marvin: 386 788-4026 or Larry: 386-409-3793
- Food: Lunch for \$5 will consist of a large hearty sandwich, chips, salad, cookies, soda & a Reese's Peanut Butter Cup.

CALENDAR OF EVENTS:

DEC: 1	Wed. Funwalk, Willow Run Park, Port Orange	6PM Directions
5	Sun. Walk, County Library, Ormond Beach	1 PM Directions
8	Wed Funwalk, Halifax Marina, Daytona Beach	6 PM Directions
12	Sun. Walk, Volusia Mall, Daytona Beach	1 PM Directions
15	Wed. Funwalk, Big Tree Ballfield, South Daytona	6 PM Directions
18	Xmas Party, The Falls, see insert, Ormond Beach	6:30PM
19	Sun. Walk, Shrine Gift Shop, St. Augustine	4PM Directions
22	Wed Funwalk, Colin's Park, Daytona Beach	6PM Directions
29	Wed Funwalk, Airport Road Park, Port Orange	6 PM Directions
31	Fri. annual New Year's Eve Walk, See insert	2PM Directions

Walk Directions in order of calendar of events:

WILLOW RUN PARK - PORT ORANGE: I-95 Exit 256, Dunlawton Ave (SR421). Drive east 4/10ths of a mile to Yorktowne Blvd. Turn left on Yorktowne and drive approximately 1 mile to Schoolhouse Drive on your right. Turn right onto Schoolhouse Dr and drive about 1/10th of a mile to end of road and turn left into parking lot.

COUNTY LIBRARY - ORMOND BEACH: I-95 Exit 268 SR40 (Granada Blvd) Go east, crossing US1, to S. Beach St. Turn right onto S. Beach St., drive one block to Tomoka Ave (just past the library).& Turn right onto Tomoka Ave, drive one-half block and turn right into the parking lot.

HALIFAX MARINA - DAYTONA BEACH: I-95 Exit 261 US92 International Speedway Blvd. Drive east on ISB to Beach St. Turn right onto Beach and continue to traffic signal at Basin St. Turn left onto Basin St, follow Basin about 2 tenths of a mile and turn right into parking lot near West Marine store and Stock Exchange restaurant.

VOLUSIA MALL - DAYTONA BEACH: From I-95, take Exit 261, Highway 92 (ISB) and drive east on Highway 92 to traffic signal at Midway Ave...approx 2 miles. Turn left onto Midway and drive into the Volusia Mall Parking lot. Meet at the Food Court (or the Food Court entrance if closed).

BIG TREE BALLFIELD - SOUTH DAYTONA: I-95, Exit 256, Dunlawton Ave (SR421). Drive east on Dunlawton to Nova Rd. Turn left onto Nova Rd and Drive to Big Tree Rd. Turn right onto Big Tree, go 1/2 block to entrance to Big Tree Ballfield. Turn left into Parking lot.

SHRINE GIFT SHOP - ST AUGUSTINE: Driving north on I-95 take Exit 311 onto SR207. Turn right (NE) onto SR207. Drive 5.7 miles to US Hwy 1. Turn left onto US Hwy 1. Drive 1.4 miles to traffic signal at West Castillo Dr. Turn right onto West Castillo. Drive 0.3 Miles to San Marco Ave. Turn left onto San Marco Ave and drive 0.4 miles to Ocean Ave. Turn right onto Ocean Ave and drive 0.1 mile to the first entrance into parking lot. Turn right into parking lot and the Shrine Gift Shop will be on your left.

COLIN'S PARK - DAYTONA BEACH: I-95 Exit 261 US92 International Speedway Blvd. Drive east on ISB approx. 4.6 miles to Ridgewood Ave (US Hwy 1). Turn left onto Ridgewood and drive approx. 1.2 miles to Mason Ave. Turn right onto Mason Ave. And drive approx. 1 mile (crossing the Halifax River on the Seabreeze Bridge) to N. Halifax. Turn left onto N. Halifax and drive approx. 0.6 mile to traffic signal at University Blvd. Turn left onto University Blvd and drive One-half block to Colin Park on your left.

AIRPORT ROAD PARK - PORT ORANGE: From I-95 take Exit 256 onto Taylor Road. Drive west to the next traffic light which is Airport Road and Williamson. Turn left onto Airport Road and drive 3.3 miles. Turn left just past the fire station driving into Airport Road Park.

Walk Explanations: Sunday walks are sanctioned 10k (6.2 mi) and 5k (3.1) Year-Round Events (YRE) and you can receive credit so bring your books. You may receive Event credit only twice during the year (Jan-Jun and Jul-Dec). you may receive Distance credit each time the Event is walked. Cost is \$3.00 per walker.

"Funwalks" are non-sanctioned 5k (3.1) walks. We walk for one hour, mostly in groups and at the end we meet at a local restaurant for a snack or whatever! It's a wonderful way to keep ourselves walking and keep up with the many friendships we have formed. It's a "no hassle", no "set up", no "work", mid-week walk. "Funwalks are free to everyone".

THE HAPPY WANDERERS
P.O. Box 290153
Port Orange, Florida 32129

First Class Mail
Address Correction Requested

VISIT OUR WEBSITE;
www.happywanderersfl.org

*****MOVING TOWARDS A HEALTHIER AMERICA TOGETHER*****

ALL MEMBERS ARE INVITED!!

Bi-Monthly HW Club Meetings, Thursday, January 13, and March 10, 2011
Port Orange Presbyterian Church 6:30 – 8 pm, (New member orientation 6pm)

NEWSLETTER NOTES:

You will notice a difference in our newsletter. Look for more changes to come ☺

This is an end of year letter, there will be one out in January.

DEADLINE: for submissions will be Dec. 28th. Please send anything you'd like put in the newsletter to Adrienne at harrisadrienne89@yahoo.com

Specialties from Bob Allen

If anyone is interested in any club items such as shirts, sweatshirts, name holders, pins, etc., Call Bob Allen (386) 763-4503.

What other clubs are doing....

Dec. 4th Tibet Preserve - SR535 - Orlando Mid FL Milers

(Mike Lanpher, 407-695-9181 mlanpher@cfl.rr.com)

Dec. 18th Guided Night walk, Red Bug Lake Park, Mid FL Milers

(Mike Lanpher, day of walk, 407 304 6394, mlanpher@cfl.rr.com)